

CHASE PARK NEWSLETTER



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Happy New Year! Everyone at Chase Park wishes you the happiest New Year and all the best for 2023



We've had a lovely start to the new year here at Chase Park, with lots of fun activities and gatherings to get us through the January blues. A regular favourite this month has been our weekly coffee and catch ups, where we gather together, have a natter with a cuppa, and even a sing along to brighten up a Friday morning.



@ChaseParkNeuro



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Chase Park Neuro Centre

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Our service users have enjoyed spending some time outdoors whenever the weather permitted this month, as you can tell by the photos of our brisk walk around the local park. We have also enjoyed some time indoors, doing plenty of crafts, colouring, having pamper sessions and playing board games.



“we heal not in isolation, but in togetherness.”

January has marked the end of an era at Chase Park—we no longer require staff and visitors to wear masks! After 3 long years, our staff and clients celebrated happily, and we hope that this is a good start to a great year.



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Family get-together

Update: Family liaison Marion would like to invite the families of our Rehab clients to a get together on **Sunday 26th of February**; however, we are having a small change to timings. From **2pm-3pm**, Marion will be holding a drop in session where you are able to have any private discussions, Marion will be located in the back of the health club during this time. From **3pm-4pm** will be the usual get together where families are invited to socialise and catch up.

We are very pleased to be hosting Callum Kewen for an acoustic music session in the coming weeks. Callum will be here on **Thursday the 23rd of February at 3pm**, to give us a bit of entertainment with covers of Elvis, the Beatles, Johnny Cash and much more. All service users, families and friends are welcome to join us, we hope to see you there!



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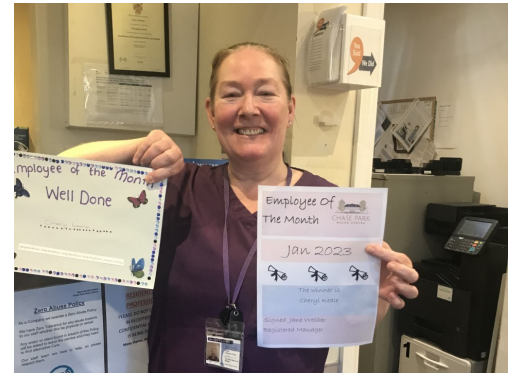
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Employee of the month

Congratulations to Cheryl K for winning employee of the month in January, very well deserved! Another congratulations goes out to Deb for winning the Amazon voucher via employee of the month tombola, another good win. Well done to all of the members of staff that have been nominated this month.



The 21st of January recognises Race Against Dementia day. This day is driven to raise money in order to fund breakthrough and innovative dementia research, hopefully to one day find a treatment that can prevent or cure dementia.

"not every day is good, but there is something good in every day."

RACE AGAINST DEMEMENTIA



We would like to say a big Happy Birthday to RD, who celebrated this month



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