



CHASE PARK

NEURO CENTRE



SPECIALISTS IN NURSING,
REHABILITATION &
NEUROLOGICAL CARE

WWW.CHASEPARK.CO.UK



ABOUT US

Chase Park Neuro Centre supports adults over the age of 18 with a range of neurological conditions, nursing needs and complex disabilities. Our purpose is to promote service users' well-being and to work closely with them ensuring their best interests are respected. We also support adults that require long term nursing care and those who may require a period of rehabilitation. The main focus of the centre is to support clients with neurological needs, however a range of clients with nursing or mental health needs have also been supported.

We aim to promote the independence, inclusion and well-being of people with neurological conditions and disabilities. We do this by working with individuals, their families, and partner agencies to deliver innovative, high quality services that meet the individual's needs and aspirations in a person-centred way.

Chase Park Neuro Centre is located in a privileged and quiet location next to Chase Park on a quiet, idyllic road. The centre has 60 bedrooms, the majority of which are large and ensuite.

The nursing and therapy team work closely with local NHS hospitals and other healthcare providers. The team is led by experienced and specialist neurological nurses and therapy is delivered by qualified and enthusiastic Occupational and Physiotherapists, supported by Consultant Neuro-Psychologists. There is a longstanding and committed team of support and care workers and the whole team is committed to the highest standards of quality and care delivery. The bedrooms, facilities and location are exceptional and we invite you to visit us.

CARE PACKAGES



As a specialist provider of rehabilitation and neurological care Chase Park provides neuro-psychological input, assessment and treatment programmes. The psychologist onsite has significant experience of treatment programmes for individuals who may have cognitive and behavioural difficulties.

We are very fortunate to have Consultant Neuro-Psychology input within our rehabilitation setting and treatment programmes.



Along with the multi-disciplinary team providing support to the clients, Chase Park also offers support to the families through a Family Liaison Officer.

We are able to care for a wide range of neurological conditions including stroke, multiple sclerosis, Huntington's disease, Motor Neurone Disease (MND) and acquired brain/spinal injury. We also have a number of clients with cognitive and physical disabilities since birth, which require complex nursing care.

We ensure that all our residents' care needs are met with dignity and compassion, whether for their mobility needs, feeding requirements, or daily living activities.



We have registered nurses on site 24 hours per day who are able to care for clients who require:

- PEG/PEJ feeding
- Tracheostomy care
- Stoma or wound care
- Catheterisation
- Venepuncture

MEET THE TEAM



Dr Niraj Brahmabhatt
COMPANY DIRECTOR

Niraj qualified in 2006 and subsequently worked in the NHS and at the national hospital for Neurology, Queen Square. Niraj was then involved in conducting clinical trials for Multiple Sclerosis and worked in Neurorehabilitation centres both within the NHS and independent sector. Niraj is the Director and responsible individual of Renal Health Ltd which owns and runs Chase Park Neuro Centre.



Jude Goode
REGISTERED MANAGER

Jude has over 20 years experience in health & social care management and has been a qualified nurse for over 30 years. Jude has previously been awarded the Great British Care Awards North East Registered Manager award and the GBCA North East Innovators Award.

Jude is passionate about ensuring residents, staff and families are able to experience the six senses: having a sense of security, purpose, continuity, belonging, fulfilment and significance. These six senses together with the 6 c's of care (care, compassion, competence, communication, courage & commitment) are fundamental to Chase Park's philosophy of care and service.



David Gillies
GROUP GENERAL MANAGER

David has worked within the care sector for over 35 years, starting his profession in the field of sensory impairment, predominantly hearing loss. He started as a night care assistant and worked his way up to being the Regional Community Services Manager. David set up the company's first outreach service, which was later replicated across the wider organisation. He is a level 3 BSL user.

David has experience of working in the capacity of Regional Operations Manager with ABI, Mental Health, Drug and Alcohol Misuse, and Older People services. He has undertaken lots of training and educational opportunities, from D32/33, a range of NVQ, including level 4 Reg Managers award.

David says: "Working in this sector is such a privilege; families entrust us to care for their loved ones at their most vulnerable, and it is such an honour to do so."



Donna Finlay
DEPUTY MANAGER

Donna has significant experience working within the care sector. She started her career working at Chase Park in 2008 as a nightshift Support Worker, due to opportunities for personal development and progression offered by the Chase Park team, she was successful in securing internal promotions and became a Senior Support Worker followed by a Team Leader. In August 2021 Donna was appointed as Non-Clinical Deputy Manager at Chase Park.



Alina Inta
CLINICAL LEAD

Alina studied for her degree at the University of Medicine & Pharmacy in Romania and qualified as a Registered General Nurse in 1998. Alina has over 24 years' experience working in a health care setting; 17 years of which were based within the Ambulance Service in Romania administering first aid in multiple situations and closely collaborating with the Accident & Emergency Department. Alina has a wide range of knowledge & excellent nursing skills. Over the past 7 years, she has worked in the United Kingdom as a Registered Nurse and in 2019 Alina secured the role of Clinical Lead at Chase Park, leading and developing the nursing team.



Dr Sophie Williams
CLINICAL
NEUROPSYCHOLOGIST

Dr Sophie Williams is a Clinical Neuropsychologist specialising in neurorehabilitation since qualifying in 2008. As such, her professional goal is to support adults with acquired brain injury achieve their optimal level of independence, participation in valued activities and improved wellbeing.

Having worked with specialist multi-disciplinary teams (MDT) in acute settings and specialist neuro-rehabilitation services (inpatient and community) she has experience of the psychological and neurological challenges faced by adults with brain injuries and their families at all stages of their journey.

Within Chase Park, her goal is to:

- 1) develop safe and strong therapeutic relationships with residents, and
- 2) work closely with the MDT and care staff to apply evidence-based assessments and interventions to support resident's psychological adjustment and ongoing progress towards their long-term rehabilitation goals.



ROOM ACCOMMODATION

Chase Park Neuro Centre has 60 bedrooms in total to support adults with a range of needs; 45 of the rooms are en-suite and many of these are large rooms with walk in showers or wet rooms. The centre itself is privileged to be on such a site which is situated within a quiet beautiful road in Whickham.

The centre retains many of its original bedrooms and, as such, the rooms have large, picturesque, soothing views of the grounds and Chase Park's surroundings.

The rooms themselves can be individualised to a client's preference and there are a range of wallpapers and colour schemes that have been chosen to give a personalised feel. Many rooms have large windows and plentiful light that keeps the rooms very bright.

Many residents often spend time in the glass conservatory or the bright lounges and dining areas when they are not in their rooms. There is also a large health club and hydro pool on site.



HEALTH CLUB



Chase Park Neuro Centre has an on-site health club with facilities that have been specifically designed to be fully accessible for people of all ages and abilities.

There is a therapy gym with balance, cycling equipment and strengthening equipment. This is available to all residents as well as external clients.



There is a coffee shop within the health club which allows residents and families to socialise and obtain refreshments throughout the morning and afternoon.

The health club is a unique facility and has previously won multiple healthcare and property awards for its thoughtful and inviting layout whilst allowing therapy progress to be furthered on site. At the back of the health club is a private hydrotherapy pool and changing rooms.





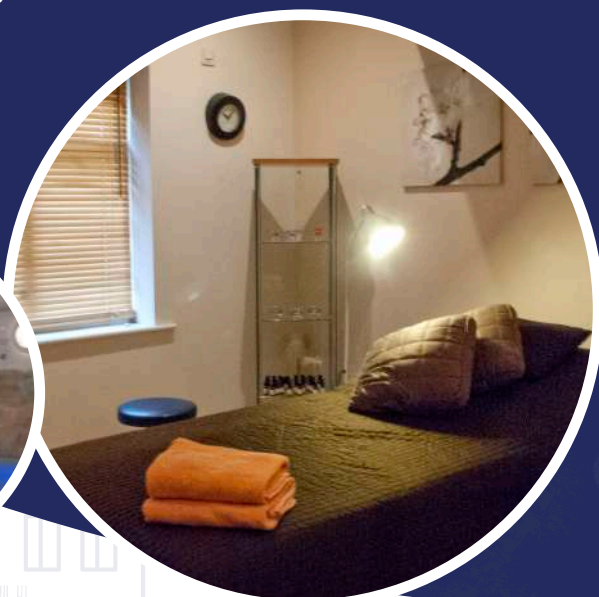
HYDROTHERAPY

Our unique Hydrotherapy Suite is discreetly situated at the back of the health club. There is a hydrotherapy pool, spa whirlpool and changing facilities. Tracking hoists are available to facilitate people of all abilities. We have a specialised heating system in place to ensure the water temperature is continually warm enough for all.

Hydrotherapy employs the use of water to promote health and healing and uses buoyancy, warmth and the effects of the water's turbulence to help reduce pain, stress and discomfort.

The Therapy Team at Chase Park have accredited hydrotherapy training and find many clients enjoy the aquatic environment and continue to make progress whilst having fun.

The suite is available to all residents at Chase Park as well as local groups, such as the arthritis group, as well as individual users who benefit from the facilities.



COMPLIMENTS

“In December my Dad became ill and we realised there was nothing more we could do for him. It was one of the worst experiences of my life and I struggled with the whole situation until the end. Thankfully the staff at Chase Park were absolutely brilliant. They made sure my Dad was as comfortable as he could be and gave him the best care they could. You could see how much they cared for my Dad and how much it was affecting them all. They also took great care of my brothers and I.

We stayed with my Dad all the time until the end and everyone made sure we were well looked after. Anything we needed, even a chat someone was always there with us. In the most difficult situation, they made it that little bit easier and I will forever be grateful for what they did for my whole family.” **R.B.**

“Since my friend arrived at Chase Park Neuro Centre in November 2021, the staff involved in his around the clock care have been outstanding. All of the staff, including physios, support workers, one-to-one support workers and management, are always approachable and go over and above to give my friend the highest level of care. The progress I have seen over the past five months in my friend is remarkable. The physiotherapy has without a doubt helped him and having the offer of hydrotherapy several times per week has also played a key part in his recovery” **C.K.**





COMPLIMENTS

“My dad has lived at Chase Park Neuro Centre for a number of years now. He is totally reliant on the staff caring for him as he is bed bound. I can't visit him as often as I would like as I have my own family of three young children to help care for and work full-time also. My mam works part-time and helps look after the children too on her days off. Therefore, we have to ensure that my dad gets the best possible care that he can and Chase Park is just the place that gives this to him. The staff are so nice and you can tell when talking to them that they care deeply about my dad and want to give the best possible care that they can. They always pop into his room to say hello, they just show that they care also. My dad's life is dismal but the affection this home shows him helps make up for what he is missing. I can't thank them enough. They take away the guilt that I feel not being able to see him. So, thank you so much each and every one of you.” **A.C.**

“My dad has been a resident of Chase Park Neuro Centre since April 2019, following a stroke which was a complication of surgery. We chose Chase Park because we felt my dad had not reached the end of his rehab journey and Chase Park offered rehab as part of the service. Chase Park staff treat and look after my dad as an individual. It is not a 'one size fits all' service and his specific needs are identified and addressed. This is not just limited to my dad's needs but also to our needs as a family processing the experience of having a loved one affected by stroke. The staff are empathetic to both my parents and my family's needs and accommodate them as much as they can. This was particularly difficult during the social restrictions of Covid, however, my dad has continued to improve and Chase Park facilitated a lovely outdoor celebration of my parents' golden wedding anniversary in June, which we all very much appreciated and enjoyed. My dad is in safe hands.” **V.S.**

CASE STUDY

Gordon is a 33 year old gentleman from Gateshead. Gordon loves spending time with his son who is now 4 years old. Prior to his brain injury Gordon was fully active and enjoyed working out in the local gym.

Gordon was admitted to the RVI in Newcastle in August 2016, following a medication issue, which required him to have a tracheostomy tube inserted. An MRI scan diagnosed a brain injury. Following hospital treatment, Gordon was admitted to Chase Park in April 2017 for further rehabilitation.

On admission to Chase Park, Gordon required the use of a wheelchair and needed the assistance of 2 members of staff for his mobility and transfer needs. He also required assistance with his meals and had considerable communication difficulties, especially in relation to his cognitive ability and eyesight. Gordon also required the assistance of 2 members of staff to assist with all aspects of his personal care.

Gordon received therapeutic input from Physiotherapy, Occupational Therapy, Speech and Language and Neuropsychology. Short-term goals included being able to walk a distance of 5 metres, with assistance of 2 staff, being supported to promote independence in his personal care and to engage in therapeutic work to improve Gordon's communication and social awareness skills.

With the regular intervention from the Chase Park team and other supporting agencies, Gordon has achieved remarkable progress. He is now able to attend community based projects, such as walking football and attends a gym again, as well as an interest in carpentry.

Gordon is now able to walk without requiring assistance and can manage all of his personal care independently. He is also able to hold appropriate conversation with staff, other residents and visitors and is able to make informed choices about his care and well-being.

Gordon has been supported to apply for a property within Gateshead that will allow him to live independently, with support available when required. Chase Park staff and other supporting agencies are working closely in preparing Gordon for the transition to his own home.

"I couldn't have done it without Chase Park staff, they have been mint."



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